University of California Summer Sessions at Pembroke College, Cambridge
The United Kingdom
City of Cambridge

- A thriving market city
- Less than one hour from London
- Regarded as one of the most beautiful cities in Europe
The College

- Founded in 1347
- Central Cambridge Location
- Approx. 4th academically of 30 Colleges
- Regarded as friendliest of Cambridge Colleges
The Campus

• Dress: Casual, except for formal dinners, and beware of the wacky weather
• Laundry: Coin-operated machines
• Wi-Fi: Some dormitory buildings may have better access than others
  – All rooms are equip with internet points for ethernet cables (you must bring your own!)
Program Staff

The Staff at Cambridge is always available to assist you in finding the answers to any questions you may have:

International Programmes Office:

internationalprogrammes@pem.cam.ac.uk
Rachel Seftel
Daniela Passolt

Teaching Assistants (8): Cambridge University students whose mission is to ensure that you settle quickly, maximize your experience culturally and socially and assist in the overall running of the programme.
Academic Policies

• Students are **NOT** allowed to miss more than 2 classes per course – if students miss more than 2 classes, final grade will be affected.

• Attendance will be taken at each class.

• If students will miss a class, they must report to the professor and/or the program coordinator **prior** to class.

• **There is zero tolerance for any academic dishonesty** (i.e. cheating and/or plagiarizing).

• **Failure to adhere to any of these above policies may result in students being removed from the program.**
Course and Grade Option Changes

• Each Student must be enrolled in 8 units (two four unit courses)

• Course and grade option changes will be accepted up until the third class period abroad.

• All changes must be sent through e-mail using the Enrolled Student Website
Travel to England

• You must have your Official Cambridge Acceptance Letter, sent from Cambridge to UCI Summer Session (See Laurie)
• Things to pack in your carry on:
  – Passport and Visa (if necessary)
  – ID (if you plan to travel outside of the program, consider an International Student ID Card from STA Travel)
  – Directions to your Destination (Program Handbook)
  – Phone Numbers (program contacts and emergency numbers)
  – One change of clothes (underwear, shirt, pants)
  – Jacket or Sweatshirt
  – A good book, magazine, travel guide or an ipod
  – Any prescription medicines (including contact lenses and glasses)
News

• US News:
  – Read a good newspaper and one of the major news weeklies prior to leaving for the program (*Time, Newsweek, The Economist*). Remember you will be questioned constantly on American policy and American attitudes while abroad.

• English News:
  – Research current events happening in Great Britain for at least two weeks prior to leaving for the program. You do not want to look ignorant!
Duty & Customs

- You must have your Official Cambridge Acceptance Letter, sent from Cambridge to UCI Summer Session (Non-UCI Students will have their letter mailed to them)
  - U.S. Citizens: Issued a ‘student visitor’ visa at the airport, upon landing in England
    - Proof of financial support demonstrating sufficient funds to support you for the full duration of your stay in the UK
  - Non U.S. Citizens: You may need to apply for a ‘student visitor’ visa
    - Reference the Enrolled Student Website, “Important Visa Information”

- US Laws
  - Know before you go! Some items are considered prohibited or illegal for carry home to the US.
  - You are responsible for knowing what is legal to bring home to the US. Check the US Customs and Border Protection website: http://www.cbp.gov/xp/cgov/travel/vacation/kbyg/
Passports

• You must have your passport to cross any international lines
• Your Passport may be required if you plan to drink alcohol. Always try to use a copy of your passport first.
• You may want to purchase an International Student ID Card to avoid taking your passport out of your room.
• Always carry a copy of your passport (and/or visa)
• Leave your original passport locked inside your suitcase whenever possible
• Make sure the program administrators have a copy of your passport
Arrival

- Session I: June 21, 2009
- Session II: Aug 2, 2009

- Have 50 Pounds in cash for transportation and meals! Reference the Cambridge Handbook for the directions to campus listed below:

- **Bus service from Gatwick, Heathrow, Luton or Stanted is the easiest and most convenient way to get to Cambridge** (but not the quickest; £ 38 -2.5 – 3 hours)

- Heathrow Airport to Cambridge by Tube and Train (£ 22- 2 hours, £38- 1 hour, 5 min)
- Gatwick Airport to Cambridge by Tube and Train (£ 28 – 2 hours, £36 – 1 hour, 25 min)
- Stansted Airport to Cambridge by Train (£10- 30 min)
Money

• The currency in England is the Pound. It is important that you understand the currency conversion from US dollars.
  – Use a currency converter: http://www.xe.com/
  – On Friday 5/29/09 $1 US dollar was equal to £ 0.671 Pounds

SPENDING MONEY: You will need to budget for additional meals, souvenirs, personal trips, and other incidentals. We recommend the amount of $1000-1700 U.S. Dollars for the duration of the session in addition to expected expenditures before and after the session.

• Cut down on transaction fees by taking out larger sums of money each time you go to the ATM. Store extra money in your room, securely.
• Always notify your credit card carrier and bank of where you will be traveling and for what time period.
• Bring all emergency phone numbers for credit cards or bank cards in case you need to cancel a card.
Exchanging Money:

- Major Credit Cards are the most efficient
  - Visa, Mastercard, American Express
- Debit Cards
  - Some systems require your money is in a checking account
  - You must have a 4 digit pin! (Machines have only keypads, not numbers- plan accordingly)

Exchanging cash will not offer an optimal exchange rate

Travelers Checks: Not Recommended!
Appliances & Voltage

• The British electrical system, like most European countries is 220 volts at 50 cycles. Plugs, apart from the shaver two-pin, take a standardized three-pin format.

• If you plan to bring any electrical items that do not have dual voltage, you will need to bring a power converter and wall adaptor, which are expensive to buy in the UK.

• Most laptops, digital cameras and mp3 players have dual voltage – cheaper items such as hairdryers may not, so consider buying these items in the UK if you need them.

• It is recommended to buy all adaptors prior to leaving the U.S.
Cell Phones & Other Options

- **Cell Phones**
  - You may purchase a cell phone in Cambridge to keep in touch with your family.
  - Usually a pay-as-you-go plan

- **Skype:**
  - Skype allows you to talk (for free) on the phone over the internet with someone else who has Skype. Go to [www.skype.com](http://www.skype.com) to download the program at home. You will need a microphone.

- **Prepaid Phone Cards:**
  - Can be less expensive
  - Purchase a calling card in England or from an American long-distance carrier
Health Insurance

- Will your current health provider cover you while abroad? How do you make a claim?

- What does the UC Business Travelers Insurance cover? (Reference the Travel Study Handbook)
Prescriptions

- Students who regularly take ANY medication should take an adequate supply of it to last the entire period abroad AND some extra incase of loss or damage.
- Additional standard medications are recommended:
  - Tylenol, Iboprufen, Motrin
  - Nyquil
  - Sudafed, Benadryl
  - Bug bite topical ointment/insect repellant
  - Antibiotic topical ointment
- Ask your doctor about multivitamins and a supply of Vitamin C
- Contact Lenses: bring all pairs needed for the period abroad and your written prescription
Immunizations

• The U.S. Centers for Disease Control (CDC) recommend students are up-to-date on routine shots such as:
  – measles/mumps/rubella (MMR) vaccine,
  – diphtheria/pertussis/tetanus (DPT) vaccine,
  – poliovirus vaccine.
• For England specifically, Hepatitis B is recommended

• To be a UC Student you must have received:
  – Measles, Mumps, Rubella (MMR) Vaccine - two doses
  – Hepatitis B vaccine for students 18 years of age or younger
  – Tuberculosis Screening
• UC Recommended but Not Required:
  – Meningococcal Vaccine
  – Physical Examination
Health Abroad

- Preventative: Immunizations, healthy eating, etc. Reference the Travel Study Handbook

- Food and Water: Be prepared for new foods and new germs. Drink more bottled water than you usually do!

- Hygiene: Wash your hands! Often! Use hand sanitizer.

- Sexually-Transmitted Infections and Diseases (STIs, STDs): Just as prevalent abroad!
Safety Abroad

- U.S. State Department Information: [www.travel.state.gov/travel](http://www.travel.state.gov/travel)
- Safety Tips for Traveling Abroad (Travel Study Handbook pg.15)
- Securing your Belongings (Travel Study Handbook pg.15)
- Cross Cultural Etiquette
- Dancing/ Night Clubs
- High Risk Activities
- Alcohol
- Illegal Drugs (AND the Drug Policy you already signed with Summer Session)
- Criminal Behavior (we basically cannot help you!)
Safety Tips: Residence Halls

• Please lock your valuables at all times in your suite cases (e.g. watches, perfumes, passports, money, earrings, rings, etc...)
• Please do not leave your doors unlocked at any time – even if you are leaving for 2 minutes
• Please always have your keys with you
• If you get locked out of your apartment let the Residence Reception know right away
Safety Tips: In Town

- Always tell your roommate or someone in the group where you will be going and what time you are expected back
- Always have Program Staff phone numbers with you
- Always have your Residence address and phone number with you
- Always ask for directions from traffic officials or the Road police
- **For ladies specially, we do not recommend you to go out alone at nights – if you do, please let someone in the group know**
- Do not respond if strangers ask you questions
- Never leave your bags or personal belongings out of sight
- Always carry your back pack close to you and in front of you
- **We recommend you to travel or go out in groups**
- Please do not speak too loud in public so people will not know you are foreigners at first sight
Safety Tips: Bars and Clubs

• Never accept drinks from strangers
• Do not accept invitations from strangers
• Stay with your group at all times. NEVER LEAVE A FELLOW STUDENT ALONE AT A CLUB OR BAR, OR MAKE THEM RESPONSIBLE FOR GETTING BACK TO THE RESIDENCE ON THEIR OWN. YOU ARE RESPONSIBLE AND ACCOUNTABLE FOR YOUR PEERS.
• Always let your group know where you are
• Dress Code – for ladies, please dress appropriately
• If you are leaving for an overnight trip, please make sure you know exactly where you are going, what hotels you have reserved and how to get there.
• You MUST let a Program Assistant know before you leave the city, where you will be going, exact address of the Hotel, phone numbers and expected date of return
Student Code of Conduct

• 100.00 POLICY ON STUDENT CONDUCT AND DISCIPLINE
✓ Admission to the University (and/or its programs) carries with it the presumption that students will conduct themselves as responsible members of the academic community. As a condition of enrollment, all students assume responsibility to observe standards of conduct that will contribute to the pursuit of academic goals and to the welfare of the academic community. Students who allegedly violate the University's standards of conduct will be afforded basic standards of procedural due process. The primary goal of Student Judicial Affairs is to afford students an opportunity to learn from their mistakes and to promote positive behavior and lifestyle changes that ensure academic and professional success.

• 101.00a OFF-CAMPUS BEHAVIOR
✓ In addition to conduct which occurs on University property or in connection with official university functions, the University shall have the discretion to exercise jurisdiction over off-campus behavior if it 1) adversely affects the health, safety, or security of any member of the campus community or 2) adversely affects the interests of the University. In determining whether or not to exercise off-campus jurisdiction, the University will consider the seriousness of the alleged harm, the risk of harm involved, whether the victim(s) are members of the campus community and/or whether the off-campus conduct is part of a series of actions which occurred both on and off campus.
Trossachs (Scotland)

- The trip to Edinburgh will include an exciting and invigorating wilderness hike in the Trossachs, an area described by Dorothy Wordsworth: 'Here we are completely alone and everything that we saw was loveliness and beauty in perfection'.

- This will be a physical hike lasting approximately 2.5 hours and covering about 5km. It is absolutely imperative that you wear appropriate clothing and walking shoes - a lightweight waterproof jacket and sturdy sneakers with good traction or hiking boots are a must. Long sleeve shirts and insect repellent are also recommended.

- The hike will be guided but you are responsible for ensuring you are dressed for it!
Travel by Rail (EURAIL)

- If you are interested in purchasing a EURAIL pass for travel in EUROPE, it must be purchased in the U.S. We don’t recommend passes unless you plan to travel extensively throughout Europe. Considering the intensive nature of your academic program, you might not find this option worthwhile for the program dates. Students may choose to research EURAIL passes for travel before and/or after the program. Please visit www.eurail.com (and click on English).
Questions?

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